

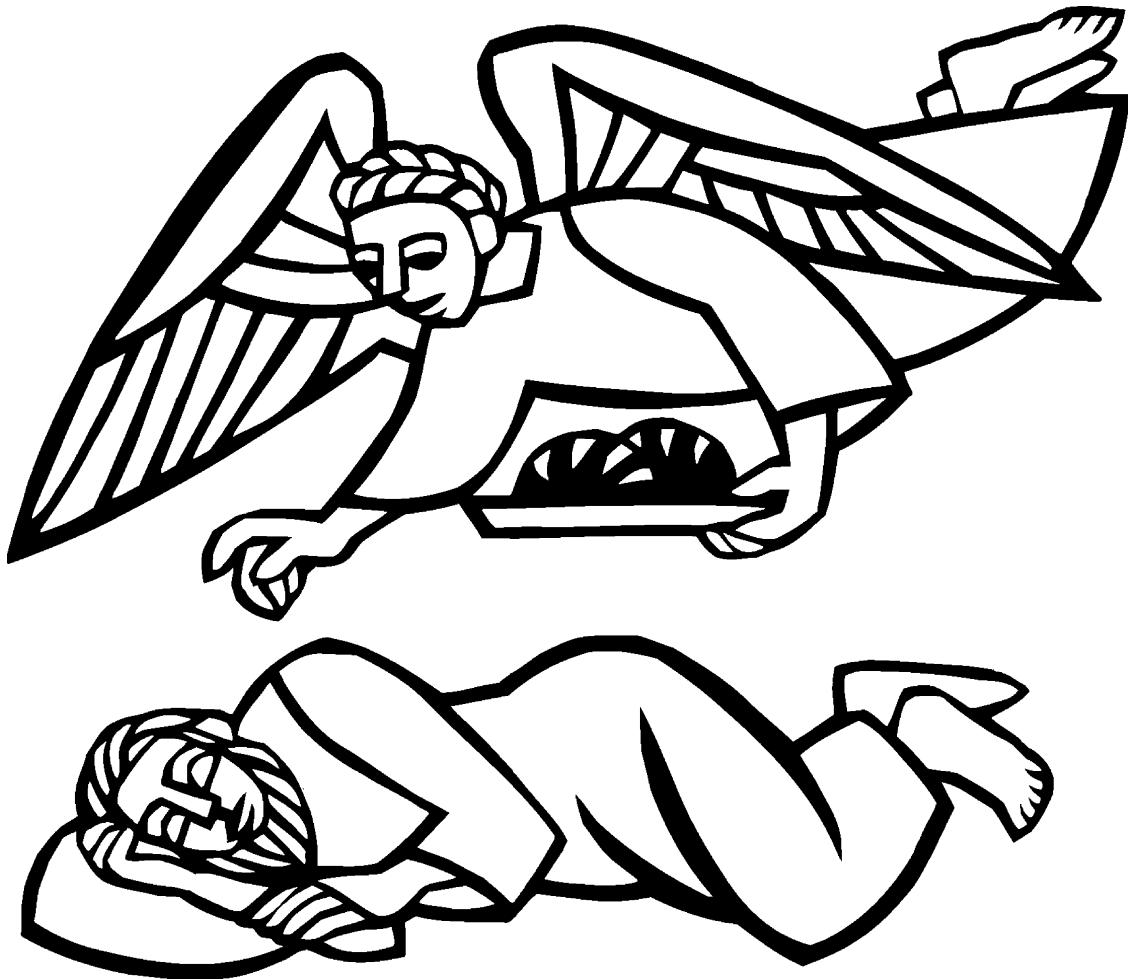
VASHON LUTHERAN CHURCH

WE INVITE YOU TO BRING YOUR OWN SPIRITUAL JOURNEY
TO WORSHIP WITH US.

NO PART OF YOU NEEDS TO BE LEFT AT THE DOOR.

GOD'S LOVE IS INCLUSIVE, EVER ABUNDANT, AND MEANT
TO BE EXPRESSED THROUGH OUR ACTIONS IN THE WORLD.

YOU ARE WELCOME HERE!



Vashon Lutheran Church
Twelfth Sunday after Pentecost
August 11, 2024, 10:30 AM

Jesus says that the bread he gives for the life of the world is his flesh, and whoever eats this bread has eternal life now and will be raised on the last day. In Ephesians Paul tells us what this life Jesus gives us looks like, this life we live as those marked with the seal of the Holy Spirit in baptism. We live in love, as Christ loved us and gave himself up for us. The whole purpose of life is giving yourself for the other.

PRELUDE

Dinah Helgeson

CANDLELIGHTING

Frank Ericksen, Acolyte

GREETING/ANNOUNCEMENTS

Jack Kirkman, Lay Leader

Congregation stands as able

CONFESSION AND FORGIVENESS

Rev. John Michael Barich

P: Blessed be the holy Trinity, ✙ one God, the God of manna, the God of miracles, the God of mercy.

C: Amen.

P: Drawn to Christ and seeking God's abundance, let us confess our sin. *(Silence for reflection)*
God our provider,

C: help us. It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live. We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world. Amen.

P: Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, ✙ the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life.

C: Amen.

Gathering Hymn (next page):

ELW, #493

Taste and See

Refrain - All

Taste and see, taste and see the good-ness of the Lord. Oh,

taste and see, taste and see the good-ness of the Lord, of the Lord.

Leader or All

1 I will bless the Lord at all times. Praise shall

al-ways be on my lips; my soul shall glo-ry in the

Lord; for God has been so good to me. *Refrain*

2 Glo-ri - fy the Lord with me. To - geth-er let us

all praise God's name. I called the Lord, who an - swered

me; from all my trou-bles I was set free. *Refrain*

3 Wor - ship the Lord, all you peo - ple. You'll want for

noth - ing if you ask. Taste and see that the Lord is

good; in God we need put all our trust. *Refrain*

Text: James E. Moore Jr., b. 1951, based on Ps. 34
 Music: TASTE AND SEE, James E. Moore Jr.
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P: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with us all. **C: And also with you.**

KYRIE: fr. "Tree of Life", Pew Edition, by M. Haugen
 (next page)

Dr. Gary Koch, Cantor

KYRIE

[A] In peace, let us pray to the Lord:

5

[C] Lord, have mer - cy, Christ, have mer - cy.

9

[A] 1. For the reign of
[A] 2. For your peo - ple

— Lord, have mer - cy, mer - cy on us all.

14

God, and for peace through - out the world, for the
here who have come to give you praise, for the

17

u - ni - ty of all, let us pray to the Lord:
strength to live your word, let us pray to the Lord:

21

[C] Lord, have mer - cy, Christ, have mer - cy, Lord, have

25

[A] Help, save, and de - fend us, O

mer - cy, mer - cy on us all.

30

God. [C] A men.

Simple ending To Hymn of Praise*

HYMN OF PRAISE (next page): from "Tree of Life", by M. Haugen Dr. Gary Koch, Pr. J M Barich, Cantors on Verses

GLORY TO GOD

Strong $\text{♩} = \text{ca. } 56-58$

Refrain



G Glo-ry to God, Glo-ry to God,



Glo - ry to God in the high - est, and peace to God's peo - ple,



peace to God's peo - ple, peace to God's peo - ple on earth.



earth. earth.

To Prayer of the Day

Verse 1



I Lord God, heav-en - ly King, al - might - y God- and Fa - ther, we



wor - ship you, we_ give_ you thanks, we praise you for your glo - ry.

Verse 2



II Lord Je - sus Christ, on - ly Son of the Fa - ther, Lord God, Lamb of



God, you take a - way the_ sin of the world: have

30

 mer - cy on us. I+II You are seat - ed at the

33

 right hand of the Fa - ther: re - ceive our prayer. D.S.

Verse 3

37

I For you a-lone are the Ho - ly One, you a-lone are the Lord, —

41

II You a-lone are the Most High, Je - sus Christ, with the

44

 Ho - ly Spir - it, I+II in the glo - ry of God the Fa - ther. D.S.

PRAYER OF THE DAY:

P: Let us pray. Gracious God, your blessed Son came down from heaven to be the true bread that gives life to the world. Give us this bread always, that he may live in us and we in him, and that, strengthened by this food, we may live as his body in the world, through Jesus Christ, our Savior and Lord. **Amen.** Please be seated

FIRST READING: 1 Kings 19:4-8.

Marlee Koch, Lector (L)

Lector: A reading from 1 Kings, Chapter 19.

L: ⁴[Elijah] went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors."⁵ Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."⁶ He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again.⁷ The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."⁸ He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. The word of the Lord. **Thanks be to God.**



Psalm tone reproduced from *Psalter for Worship Year C* © 2006 Augsburg Fortress.
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I will bless the LORD^l at all times; * the praise of God shall ever be^l in my mouth.
I will glory^l in the LORD; *let the lowly hear^l and rejoice.
 Proclaim with me the greatness^l of the LORD; *let us exalt God's^l name together.
I sought the LORD, who^l answered me *and delivered me from^l all my terrors.
 Look upon the LORD^l and be radiant, *and let not your faces^l be ashamed.
I called in my affliction, and^l the LORD heard me *and saved me from^l all my troubles.
 The angel of the LORD encamps around those who^l fear the LORD *and de-^llivers them.
Taste and see that the^l LORD is good; *happy are they who take ref-^luge in God!

SECOND READING: Ephesians 4:25-5:2

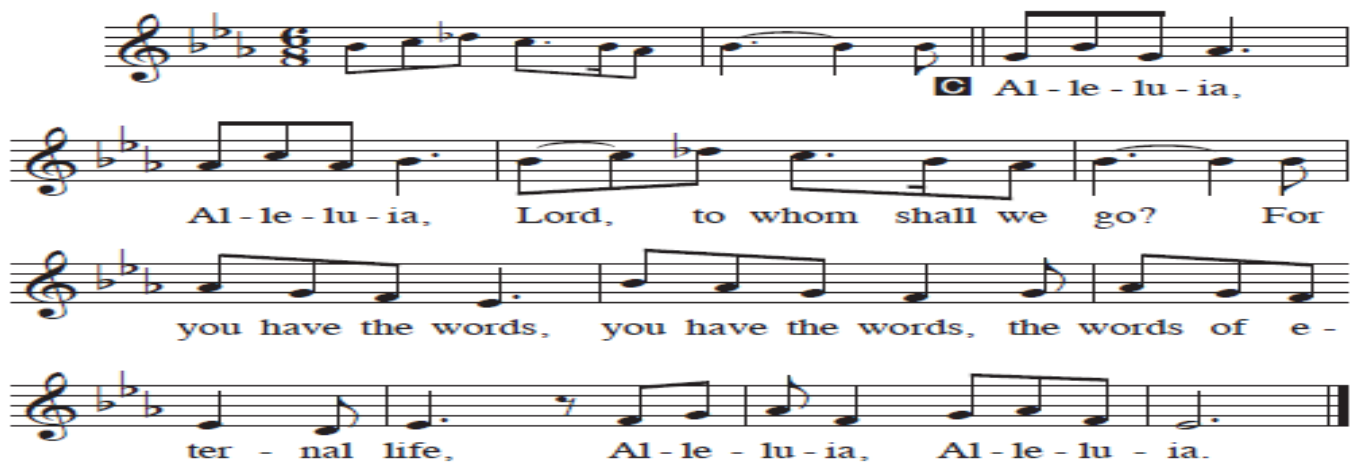
Marlee Koch, Lector

L: A reading from Ephesians, Chapter 4.

L: So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. Word of God, word of life. **Thanks be to God.**

Please stand as able

GOSPEL ACCLAMATION



GOSPEL: John 6:35, 41 – 51

Rev. John Michael Barich

P: The holy gospel according to John. **C: Glory to you, O Lord.**

P: Jesus said to [the crowd,] “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.” They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven’?” Jesus answered them, “Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.” P: The gospel of the Lord. **C: Praise to you, O Christ.** Congregation may be seated

MESSAGE:

Rev. John Michael Barich

Please stand as able

ELW, 542, vs. 1-2 & 4

Hymn of the Day (next page):

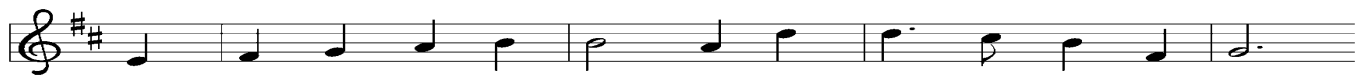
O Living Bread from Heaven



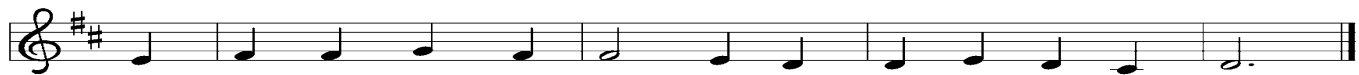
1 O liv - ing Bread from heav - en, how well you feed your guest!
 2 My Sav - ior, you have led me with - in your ho - liest place,
 3 You gave me all I want - ed; this food can death de - stroy.
 4 Oh, grant me then, well - strength - ened with heav'n - ly food, while here



The gifts that you have giv - en have filled my heart with rest.
 and here your - self have fed me with trea - sures of your grace;
 And you have free - ly grant - ed the cup of end - less joy;
 my course on earth is length - ened, to serve you, free from fear;



O won - drous food of bless - ing! O cup that heals our woes!
 for you have free - ly giv - en what earth could nev - er buy,
 My Lord, I do not mer - it the fa - vor you have shown,
 and bring me home to praise you where none can peace de - stroy,



My heart, this gift pos - sess - ing, in thank - ful song o'er - flows!
 the bread of life from heav - en, that now I shall not die.
 and all my soul and spir - it bow down be - fore your throne.
 where I will ev - er raise you glad songs in end - less joy.

Text: Johann Rist, 1607–1667; tr. Catherine Winkworth, 1827–1878, alt.
 Music: AURELIA, Samuel S. Wesley, 1810–1876

APOSTLES' CREED:

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen. Be seated

PRAYERS OF INTERCESSION:

Rev. Dr. Joe Kutzke, Assisting Minister (A)

A: Calling on the spirit of Wisdom to guide our hearts and our minds, let us pray for the church, the world, and all in need.

A: Reignite the prayer of the church. By your Spirit, root your church around the globe in prayer and spiritual practices. Merciful God, **receive our prayer.**

A: We rely on the goodness of your creation in everything we do. We pray for trees that offer shade and for our fellow creatures that depend on the trees for shelter and food. Sustain the work of all who advocate for forests and wilderness areas.

Merciful God, **receive our prayer.**

A: Guide our leaders and nations with a spirit of justice and mercy. Let no evil come out of our mouths, but rather let us extend grace. We pray for our enemies.

Merciful God, **receive our prayer.**

A: Sustain feeding ministries and organizations such as ELCA World Hunger and our local food pantries. We work and pray for a day when hunger is no more.

Merciful God, **receive our prayer.**

A: We pray for this congregation and for all who are gathered. Be present among anyone who cannot be with us today. Be with all who are hurting, grieving, or ill. We lift up all those in need, either silently or aloud...Merciful God, **receive our prayer.**

A: We remember the saints who have gone before us in faith. Trusting in the promise of the resurrection, we find hope in your communion of saints of all times and all places.

Merciful God, **receive our prayer.**

P: We lift up these prayers to you, gracious God. Receive them into your holy keeping. **Amen.**

P: The peace of the Lord Jesus Christ be with you all.

C: And also with you.

P: (At the end of passing of the peace) Now is the time for the sharing of our gifts to God.

OFFERING/OFFERTORY RESPONSE (next page):

ELW, #465

As the Grains of Wheat

Refrain

As the grains of wheat once scat-tered on the hill were
 gath-ered in - to one to be - come our bread; so may all your peo-ple from
 all the ends of earth be gath-ered in - to one in you.

1 As this cup of bless - ing is shared with - in our midst,
 2 Let this be a fore - taste of all that is to come when

Refrain

may we share the pres - ence of your love.
 all cre - a - tion shares this feast with you.

Text: Didache, 2nd cent.; Marty Haugen, b. 1950
 Music: AS THE GRAINS, Marty Haugen
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OFFERING PRAYER:

P: Let us pray.

C: Jesus, Bread of life, you have set this table with your very self, and called us to the feast of plenty. Gather what has been sown among us, and strengthen us in this meal. Make us to be what we receive here, your body for the life of the world. Amen. Please stand

The Great Thanksgiving (next pg): "Tree of Life", p. 18, 20, by M. Haugen Rev. J. M Barich, Cantor

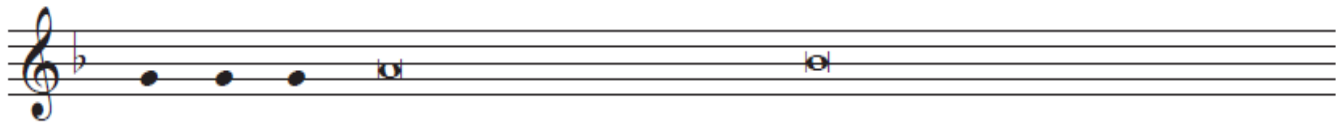
The GREAT THANKSGIVING

The Lord be with you. And al - so with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give our thanks and praise.

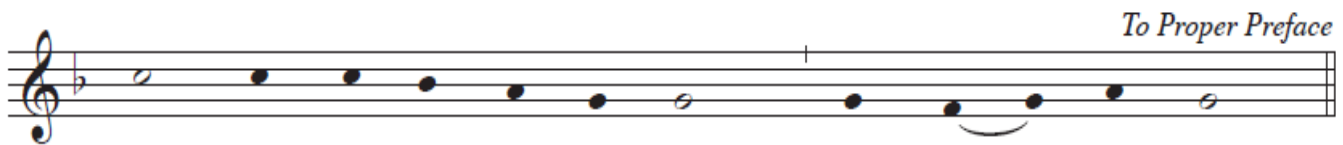
PREFACE OPENING



It is in - deed right and good that we should everywhere and



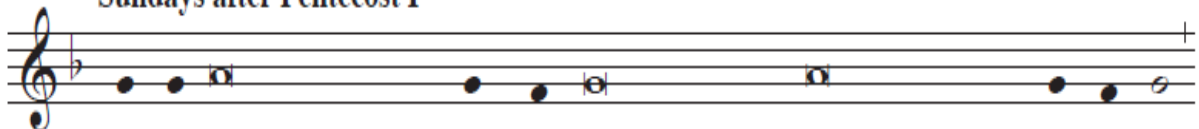
al - ways of - fer thanks and praise to you, Ho - ly



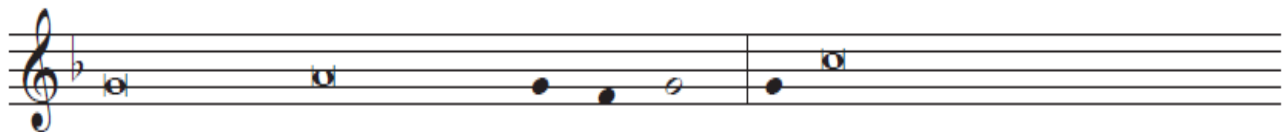
God, might - y and im - mor - tal, through Christ, our Lord...

PROPER PREFACE:

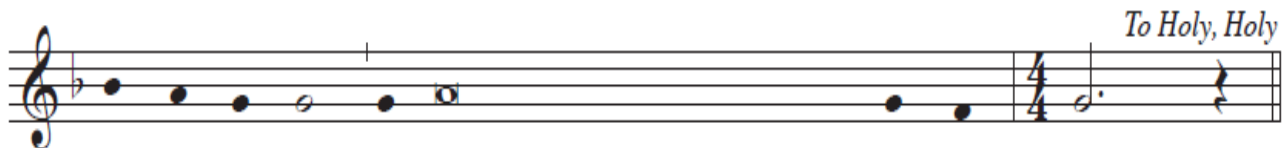
Sundays after Pentecost I



...who on this day broke the bonds of death, opening to us the way of ever-last-ing life



and giving us a foretaste of the feast to come. And so with the Church on earth and the



hosts of heav-en, we praise your name and join their un - end - ing hymn.

HOLY, HOLY

Introduction omitted when Preface is sung.



Ho - ly, ho - ly, ho - ly, Lord,
God of pow - er and might, heav - en and earth are full of your
glo - ry. Ho - san - na, ho - san - na, ho -
san - na in the high - est. Bless - ed is he,
bless - ed is he who comes in the name of the Lord. Ho -
san - na, ho - san - na, ho - san - na in the
high - est, ho - san - na in the high - est!

WORDS OF INSTITUTION/LORD'S PRAYER/COMMUNION:

P: In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me. Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

P: Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

P: **Invitation to Communion:** This is the table, not of this church, but of Jesus Christ. It is made ready for those who love him and those who want to love him more. So come, you who have much faith, and you who have little; come, you who have been here often and you who have not been here in a long time. Come, you who have never been before; come, you who have tried to follow and you who have failed. Come, not because the church invites you; this is Christ, and he invites you to meet him right here.

Communion Hymn #1: "Lamb of God", from "Tree of Life", Pew Edition, p. 17, by M. Haugen

LAMB OF GOD

6
 Lamb of God, you take a-way the sins of the world: have
 10 mer-cy on us. Lamb of
 14 2.
 Lamb of God, you take a-way the sins of the
 19
 world: grant us your peace, grant us your peace.

Communion Hymn #2:

ELW, #487

What Feast of Love

1 What feast of love is of-fered here, what ban-quet come from heav-en?
 2 What light of truth is of-fered here, what cov-e-nant from heav-en?
 3 What wine of love is of-fered here, what crim-son drink from heav-en?
 What food of ev-er-last-ing life, what gra-cious gift is giv-en?
 What hope of ev-er-last-ing life, what won-drous word is giv-en?
 What stream of ev-er-last-ing life, what pre-cious blood is giv-en?
 This, this is Christ the king, the bread come down from heav-en.
 This, this is Christ the king, the sun come down from heav-en.
 This, this is Christ the king, the sweet-est wine of heav-en.
 Oh, taste and see and sing! How sweet the man-na giv-en!
 Oh, see and hear and sing! The Word of God is giv-en!
 Oh, taste and see and sing! The Son of God is giv-en!

Text: Delores Dufner, OSB, b. 1939
 Music: GREENSLEEVES, English ballad, 16th cent.
 Text © 1993 Delores Dufner OSB. Published by OCP Publications. All rights reserved.

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P: May the grace of our Lord Jesus Christ and the gifts of his body and blood strengthen, keep and unite us, now and forever. **C: Amen.** *Congregation stands as able*

PRAYER AFTER COMMUNION:

P: Let us pray. Shepherding God, you have prepared a table before us and nourished us with your love. Send us forth from this banquet to proclaim your goodness and share the abundant mercy of Jesus, our redeemer and friend. **C: Amen.**

BLESSING:

P: The Lord bless you and keep you. The Lord's face shine on you with grace and mercy. The Lord look upon you with favor and ✠ give you peace. **C: Amen**

Sending Song:

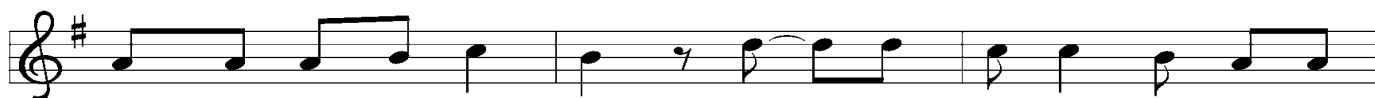
ELW, #535

Hallelujah! We Sing Your Praises
Haleluya! Pelo tsa rona

Refrain— sung twice each time



Ha - le - lu - ya! Pe - lo tsa ro - na, di tha -
Hal - le - lu - jah! We sing your prais - es, all our



bi - le ka - o - fe - la. Ha - le - lu - ya! Pe - lo tsa
hearts are filled with glad - ness. Hal - le - lu - jah! We sing your



ro - na, di tha - bi - le ka - o - fe - la. *End*
prais - es, all our hearts are filled with glad - ness.



1 Christ the Lord to us said: I am wine, I am bread,
2 Now he sends us all out, strong in faith, free of doubt,

Repeat stanza, then sing refrain



I am wine, I am bread, give to all who thirst and hun - ger.
strong in faith, free of doubt. Tell to all the joy - ful gos - pel.

Text: South African; tr. *Freedom Is Coming*, 1984
Music: HALELUYA! PELO TSA RONA, South African
Tr. © 1984 Utryck, admin. Walton Music Corp.

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DISMISSAL: P: Go in peace. You are the body of Christ. **C: Thanks be to God.**

POSTLUDE:

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Dinah Helgeson

Worship Assistants This Morning:

Care Pastor – Rev. John Michael Barich
Assisting Minister – Rev. Dr. Joe Kutzke
Lector – Marlee Koch
Communion Assistant – Roger Gebhard
Usher – Jim Dam
Musician – Dinah Helgeson
Cantors – Dr. Gary Koch, Rev. J. M. Barich
Communion Set Up – Gail Larson

Worship Assistants Next Week (8/18/24):

Care Pastor – Rev. Wayne Bacus
Assisting Minister – TBA
Lector – TBA
Communion Assistant - TBA
Usher – Jim Dam
Musician – Dinah Helgeson
Cantors – TBA, TBA
Communion Set Up – TBA

ANNOUNCEMENTS

Thank you, Rev. John Michael Barich for your participation in worship today at VLC!

Sunday AM Bible Study, 9:45 – 10:15 AM, is led by Rev. John Michael Barich. Pr. John is away on Aug. 18, so there is no AM Bible Study that Sunday morning.

Contact Gail Larson (206/567-4779) with your prayer requests.

IFCH Dinner Program - VLC provides hand out meals at Vashon Presbyterian Church at 5:00 PM the fourth Thurs. of the month. Contact Chery Weise: cheryl.weise@gmail.com to help.

Vashon Care Network Invitation – Vashon Lutheran is invited to a celebration of our mission partnership Sun., Aug. 18, at Dig Deep Gardens, 3:00 – 5:00 PM. Music, beverages, appetizers & live music provided!

VLC Church Picnic at the Koch's – All are welcome to the Koch's for a picnic, Sun., Aug. 18. Gather around 4:00 – 5:00 PM, with supper at 5:30 PM. There's a VCN event at Dig Deep that some of you may be attending, so some people may be arriving at the Koch's closer to 5:00 PM. Gary & Marlee will provide main dishes & beverages, but they welcome potluck side dishes. Ph#: 206-409-7744. The Koch's address is: 6340 SW Luana Beach Road. They will hang out a banner at the driveway.

The Care Closet, Medical Equipment/Supplies – 206-473-8715. Vashon Care Network – 206-473-8715. Email: contact@vashoncarenetwork.org; website: www.vashoncarenetwork.org

VCN FAMILY CAREGIVERS SUPPORT GROUP - Vashon Care Network invites you to join other family caregivers in a safe, supportive space to share the experience of caregiving. Thursdays, 6:30–7:30 PM at VLC. ?? Call Kathy Shafel, kshafel@comcast.net, cell: 206.718-1458 or Tory Hayes, 206.304-4544, victoriansmith@comcast.net.

OUR FAITH IN ACTION

SUNDAY

1st
9:45 – 10:15 AM
10:30 AM
6:30 – 8:30 PM

Food Bank Sunday
Bible Study w/ Rev. John Michael Barich
Worship Service, followed by coffee & cookies
AA Group

MONDAY

10:00 AM
4th, 6:00 – 8:00 PM

Intercessory Prayer Group
VCN Board Meeting

TUESDAY

2nd, 9:00 AM – 1:00 PM
3rd, 10:00 AM – noon
Aug. 13, 5:00 PM

Quilt Sewers Group
Vashon Quilting Group
VLC Council Meeting via ZOOM

WEDNESDAY

1st, 9:00 AM – noon

Lutheran Quilters Group

THURSDAY

6:30-7:30 PM

Aug. 22, 5:00 pm

**VCN Family Caregivers Support Group at VLC
IFCH Dinner, prepared by VLC, served at VPC**

FRIDAY

7:00 – 8:30 PM

AA Group for Men

SATURDAY

Aug. 18, 3:00 – 5:00 PM

Aug. 18, 4:00 PM

VCN Celebration at Dig Deep

Church Picnic at Gary & Marlee Koch's



**Vashon Lutheran Church
Rev. John Michael Barich, Care Pastor
(206)422-1974
P.O. Box 2930, Vashon WA 98070
18623 Vashon Hwy. SW 98070**

Church Office Hours:

Tuesday – Friday 12 PM – 3 PM

Phone: (206) 463-2655

Email: vlc98070@centurytel.net

Website: www.vashonlutheran.org

Hymns for Aug. 11, 2024

ACS, 493

Taste and See

ELW, 542, v. 1-2 & 4

O Living Bread from Heaven

ELW, 465

As the Grains of Wheat

ELW, 487

What Feast of Love

ELW, 535

Hallelujah! We Sing Your Praises